

Affiliated to Savitribai Phule Pune University, Pune

AICTE Permanent Id: 1-1510254684,

DTE Code: 6815

Gat No. 685, Waksai, Tal. Maval, Lonavla, Dist. Pune. 410405

## PROMOTION OF GENDER EQUITY:

2022-2023

Sr.No	Particulars	Dates
1	Women safety and gender Sensitization	24/01/2023
2	Common health issues in females: healing through Ayurveda	11/10/2022
3	Nirbhay Kanya Abhiyan	15/09/2022
4	women health and deficiencies	26/08/2022





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Date 10 1 2023

## **Notice**

All the Students, Teaching and Non-Teaching Staff are hereby informed that NSS Unit and WGC has organized the seminar on "Women safety and gender Sensitization" in campus.

All the Students attend the seminar in seminar hall on 24<sup>th</sup> Jan 2023 at 12.15PM.

**NSS Program Officer** 

Principal

PRINCIPAL

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#### Report

### Women safety and gender Sensitization

A seminar on 'Women safety and gender Sensitization' was organized by the NSS & WGC Unit on 24<sup>th</sup> March 2018. The Co-ordinator of the forum Prof Priti T Chorade delivered the welcome speech. The eminent academician Ms. Naik Nisha prashan was the resource person who immensely enlightened the students with her inspiring words. She delivered an insightful speech on the importance of attaining equality between men and women, eliminating all forms of discrimination against women. The session made us learn about female rights, how to effectively exercise them in the hour of need and the importance of spreading the idea of gender sensitization among the masses, She exhorted the students to understand their role in decision making and their right to practice any job of their choice. The seminar ended with vote of thanks proposed by Prof. Husain Shaikh.



# V P S College of Engineering & Technology ,Lonavala Attendance Sheet

Program Name: Women safety of gender sensitization.

S R NO	Name Of Student	Sign
1	PALAN KEVAL MANOJ	Fanes
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3	ANANDA KRUSHNA ALDAR	1K208hng
4	AVHAD NIKESH BHASKAR	Wikes
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10	GADE AVADHUT ASHOK	Acrone
11	GAIKWAD NIKHIL RAOSAHEB	mother
12	GAWADE SADANAND BHUJANG	BUS.
13	GIRIJA AABASO LOHAR	त्तीवि
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29	MAHANGADE MAHESH SOPAN	melto
30	MALUSARE RAJKUMAR RAGHU	el
31	MANDALE SAGAR KHANDU	M·K_
32	MANJREKAR ANIKET ARVIND	daw



<u> </u>	College of Engineering & Techno Attendance Sheet		
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4	BHAPKAR ROHIT DATTATRAY	Cear	
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13	KULKARNI ASHWINI SUNIL	Askumen	
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15	MORE AKASH ASHOK	Acoust	
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17	MUKDAM RUSHIKESH PRAKASHRAO	Faighi	
18	NIKAM RAJ YASHWANT	Quay.	
19	PHALE JAYESH BALARAM	Ologer	
20	SATWADHAR ABHIJEET UTTAMRAO	Shigelt	
21	SHENDAGE KRISHNA KESHAV	V~8 1	
22	SUL PRIYANKA BABAN	Eulis.	
23	SURYAVANSHI ROHIT RAJENDRA	Corri	
24	TEKALE KRUSHNA RAMDAS	Calvale	
25	TELGOTE RAVINA LAXMAN	R. L. Telgo	
26	VAYAL SNEHA TUKARAM	guy	
27	WAGHMARE AJIT PRAKASH	Dwedy	
28	WANKHEDE DEEPAK SANJAY	Deepale	
29	YELAKAR PRIYA MADHAV	PANE	





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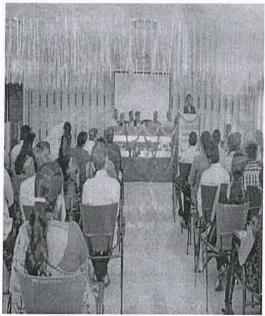
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### Women Safety & Gender Sensitization









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Date: 5/10/2022

# **Notice**

All the Students, Teaching and Non-Teaching Staff are hereby informed that NSS Unit and WGC has organized the seminar on "Common health issues in females: healing through Ayurveda" in campus.

All the Students attend the seminar in seminar hall on 11<sup>th</sup> Oct 2022 at 03.15 PM.

**NSS Program Officer** 



Principal

PRINCIPAL
College of Engineering & Technology
Lonavale

Official web site: www.vps-cet.com Email: vpscet@gmailcom \* Mobile No 8830513028



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#### Report

# Common health issues in females: healing through Ayurveda

Common Health Issues in Females: Healing through Ayurveda The purpose of medical science is not to down-scale everything to a physical level, but to penetrate deeper into the realm beyond sensory perceptions and bring a more holistic approach to treatment. In this context, Ayurveda is the perfect example as it combines elements of yoga, food habits and epigenetic social cultures. It can be especially beneficial for women's health as it tackles problems with intricate detail rather than dismissing symptoms as female hysteria- the blunder modern medicine has made for years. Taking cognizance of this, seminar on 'Common Health Issues in Females: Healing through Ayurveda' on 11 October 2022.

The session saw enthusiastic participation of about 50 people from the teaching faculty and students. Our speaker Ms Kumthekar Kavita Mandar enlightened the audience about various health ailments in women like pcos, UTIs, uterine fibroids etc and how these can be treated

through ayurvedic herbs and yoga asanas. The importance of maintaining good health was emphasized with special caution against anxiety and depression. The speaker also recommended ayurvedic ways of improving several aspects of our daily lives like sleeping schedule and diet. An interactive Q&A session followed after the speaker's address where doubts of the audience were quenched. The webinar ended with a vote of thanks by Professor Priti T Chorade of the Computer department where she thanked the audience, our respected principal Dr. Manay A Thakur for logistic support. In all, the webinar was insightful and successfully conducted.

## V P S College of Engineering & Technology ,Lonavala

### **Attendance Sheet**

Program Name: Common health issues in females: healing through
Ayurvveda

S R NO	Name Of Student	Sign
1	BHALERAO ANIKET SUNIL	Blockwil
2	KHAN SHAHBAZ MD SALEEM	12 Mary
3	KHOT SAHNAWAZ NADIM	Birco
4	KOLGUDE AKSHAY MAHADEV	Russ
5	RATHOD PRAVEEN PURU	Ret heet -
6	SAMUDRE PRATIK BHAGAT	anto
7	SHAIKH ZULFIKAR MOHD KAMIL	Shulant
8	ANUJ ALOK	ALOK Ani
9	BHOSALE SHYAM SANTOSH	Specials.
10	CHALKE UMESH HANMANT	150
11	DALVI TEJAS DATTARM	Lyan
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13	GANGURDE ASHITOSH SANJAY	
14	GARAD ROHAN RAMLING	Dally
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16	KADAM NILESH DINKAR	Two.
17	KAMBLE NITIN GANPAT	
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20	KUMBHARKAR RANJEET HARISHCHANDRA	Partles
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25	SHINDE ATUL VILAS	Sinoz,
26	ZAWARE SAHIL ASHOK	
27	ADKAR RAHUL BALU (FE)	Par
28	BALGHARE SIDDHESH BABAJI (FE)	March 1
29	BHISE PRAJYOT JANARDHAN	
30	BHUTNALE NIKITA ARJUN	
31	BIRADAR VAISHNAVI HARISH	3 2
32	CHANDANSHIVE PREETI DHARMENDRA	Rank .
33	CHAVAN AARTI MACHHINDRA	book !
34	CHAVAN MAYURI SANJAY	0
35	CHAVAN PRATIKSHA VIJAY	8 hrs a

CONAVAL

36	DANDGE ROSHAN PANDURANG	
37	DEOKATE SANKET PRADIP	<u> </u>
38	GAIKWAD MRUNALI VITHAL	( wunaly
39	GARUD BRMHADEV GORAKSHA (FE)	loant .
40	GHULE ANIKET TANAJI	A
41	GHULE VIDYA RAMHARI	
42	GORALKAR MAKARAND VIJAY	gras
43	GOURAV GORE	ey.eye
44	HARIBHAKTA PRATIK UJWAL	प्रावक अधे
45	JADAHV APEKSHA ARVIND	Alexander
46	JADHAV ABHISHEK AVINASH	
47	JADHAV SANJIVANI MUKESH	Murrel
48	JOSHI RUSHIKESH DATTATRAY	
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50	NEVASE SUMIT DIPAK	
51	PALKAR PRANAV MUKUND	prinar
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54	PAWAR ANUSHKA ARUN (FE)	and the D
55	PAWAR SHEJAL SANJAY	Parles:
56	PUJARI SAMARTH ASHOK	100
57	RAJPUT SHREYASH DINESH	Shruyash.
58	RAUT SHUBHAM BAPU	Shukso
59	ROKADE STHAVIR MAHENDRA	benel
60	SHIGWAN VIJAY SANJIV	Vilage

Absent Students:

Present Students:

Total Students:





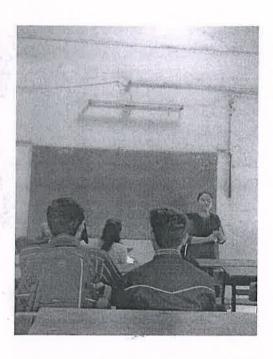
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## Common health issues in females: Healing through Ayurveda









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Date: 10/09/2022

## **Notice**

All the Students, Teaching and Non-Teaching Staff are hereby informed that NSS Unit and WGC has organized the seminar on "Nirbhay Kanya Abhiyan" in campus.

All the Students attend the seminar in seminar hall on 15<sup>th</sup> Sept 2022 at 12.15 PM.

**NSS Program Officer** 

OF ENGG & TECH \*

Principal

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\*\*P8 College of Engineering & Technology
Lonavala



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#### seminar on Nirbhay Kanya Abhiyan in campus

This is a scheme introduced by the University to develop the confidence and personality of a lady student who comes from the rural areas and are deprived sections of society. The marginalization and deprivation is double if you are a woman and from the backward or scheduled castes. The main objective of this seminar is to develop a critical mind, self-confidence and a commitment to society. Ms. Naik Nisha Prashant speech on in health, law, and social activities. They are also given speech on self-employment and all possible other activities that enhance her social confidence. lady students out of which a majority of them come from rural based background. These student have to travel daily by bus or other means of transport to attend their respective college / institutes. It is very likely that these lady students during their travel may experience all sorts of atrocities in a challenging environment, which prevails today. In order to make them face the prevailing situation and develop self-confidence to face courageously these situations the scheme has been introduced.



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R NO	Name Of Student	Sign
1	ADKAR RAHUL BALU (FE)	Fahrel
2	BALGHARE SIDDHESH BABAJI (FE)	- Salghold
3	BHISE PRAJYOT JANARDHAN	DB.
4	BHUTNALE NIKITA ARJUN	Birita
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31	RAJPUT SHREYASH DINESH	Rajoutil
32	RAUT SHUBHAM BAPU	tel
33	ROKADE STHAVIR MAHENDRA	Jana .
34	SHIGWAN VIJAY SANJIV	Shillou A -
35	SHINDE SNEHA DEEPAK (FE)	Bing
36	TARU SHUBHAM ANIL	gem
37	WAGHMARE CHAITANYA SUBHASH	Constitues
38	WASULKAR GAYATRI SANTOSH	There



#### V P S College of Engineering & Technology ,Lonavala **Attendance Sheet** Program Name: Sign SRNO Name Of Student ANUJ ALOK 1 BHOSALE SHYAM SANTOSH 2 3 CHALKE UMESH HANMANT 4 DALVI TEJAS DATTARM GAIKWAD OMKAR RAMRAO 5 GANGURDE ASHITOSH SANJAY 6 7 GARAD ROHAN RAMLING amanto GARUD ABHIJEET ARVIND 8 KADAM NILESH DINKAR 9 KAMBLE NITIN GANPAT 10 11 KHAN MOHD WASIM SULEMAN KULKARNI MAYUR ASHOK 12 KUMBHARKAR RANJEET HARISHCHANDRA 13 MUKADAM TAUKIR PARVEZ 14 SANADI SHOAIB BALECHAND 15 SATPUTE ABHISHEK GANPAT 16 SHASHIKUMAR S 17 SHINDE ATUL VILAS 18 Statil ZAWARE SAHIL ASHOK 19





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#### Nirbhay Kanya Abhiyan









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Date 2/10/2027

## **Notice**

All the Students, Teaching and Non-Teaching Staff are hereby informed that NSS Unit and WGC has organized the seminar on "women health and deficiencies" in campus.

All the Students attend the seminar in seminar hall on 26<sup>th</sup> August 2022 at 03.15 PM.

AIGG D

**NSS Program Officer** 

COLLEGE OF ENGO &

Principal
PRINCIPAL
PRESCRIPTION & Technology



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#### Report

### women health and deficiencies

Because of biological and gender-related distinctions, being a man or a woman has a substantial impact on health. Women's and girls' health is of particular significance since they are disadvantaged in many nations due to prejudice based on sociocultural factors. Women and girls, for example, are more vulnerable to HIV/AIDS than men. WGC presented an educational discussion on the topic of Women Health and Deficiencies in order to benefit this cause and raise awareness on August 26 2022. Were extremely delighted to introduce our speaker for the session, Ms Zanje Sarita Vasant, Nutrition Consultant Dietetics and Weight Management. It was indeed an insightful session where the speaker made us aware about various health issues and also their remedies. She also talked about how women shape society and why it is important for them to take good care of themselves. More than 50 people joined the webinar and also interacted and asked questions from the speaker.



Attendance Sheet			
Program Name: Homeon health of deficient			
Date:			
S R NO	Name Of Student	Sign	
1	ADKAR RAHUL BALU (FE)	Bahul	
2	BALGHARE SIDDHESH BABAJI (FE)	Sout ore	
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27	PAWAR AJINKYA SANTOSH		
28	PAWAR ANUSHKA ARUN (FE)	Sally S	

V P S College of Engineering & Technology ,Lonavala Attendance Sheet		
Progra	m Name:	
S R NO	Name Of Student	Sign
1	AUTE ROHIT VIJAY	Robot A.
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25	TELGOTE RAVINA LAXMAN	43
26	VAYAL SNEHA TUKARAM	•
27	WAGHMARE AJIT PRAKASH	( July
28	WANKHEDE DEEPAK SANJAY	was
29	YELAKAR PRIYA MADHAV	D81444.

Absent Students:



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#### Women Health & Deficiencies

